

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Presenter      Manahil Gulzar

Semester      5<sup>th</sup>

Roll no      017

Submitted to      Ma'am Samar Fahd

Depart      Applied Psychology

*THE ISLAMIA UNIVERSITY OF  
BAWAHALPUR*

# Trauma -and Stressor –Related Disorder

# What is Trauma and Stressor related Disorder

Trauma and stressor related disorder are a group of emotional and behavioral problems and that may result from childhood traumatic and stressful experiences. These traumatic and stressful experience can include exposure to physical or emotional violence or pain, including abuse, neglect or family conflict.

# 5 Type of Trauma & Stressor Related Disorder

Post-traumatic stress disorder

Acute stress disorder

Adjustment disorder

Reactive attachment disorder

Disinhibited social engagement disorder

# Post-traumatic stress disorder(PSTD)

Children and adolescents with PSTD have symptoms such as persistent, frightening thoughts and memories or flashback of a traumatic event or event. Other symptoms may include jumpiness, sleep problem, problem in school, avoidance of certain places or situation depressed headaches or stomach pains.

# Acute stress disorder(ASD)

The symptoms of ASD are similar to PTSD, but occur within the first month after exposure to trauma. Prompt treatment and appropriate social support can reduce the risk of ASD developing into PTSD.

# Adjustment disorder

Adjustment disorder are unhealthy or unhelpful reactions to stress events or changes in a child's life. These reaction can be emotional, such as a depressed mood or nervousness , or behavioral , such as misconduct or violating us rights of others.



# Reactive attachment disorder(RAD)

Children with RAD show limited emotional response in situation where those or ordinarily expected. They might show a lack of remorse after bad behavior or a lack of responses positive or negative emotional triggers. Children with RAD may not appear to want or seem to care when a toy is taken away from them.

# Disinhibited social engagement disorder (DSED)

- Children with DSED are unusually open to interaction with stranger. They can be over eager to form attachments with other walking up to and even hugging strangers. They may wander off with strangers without checking with their parent or caregiver.

# Unclassified and unspecified trauma disorder.

Some emotional and behavioral reactions to trauma do not fit in the diagnostic categories above. This category is used for those cases.

Stroke

Diabetes

Asthma

Depression

Alcohol drug use

Poor academic achievement

Unemployment

# Why choose CHOP?

Children's hospital of Philadelphia (CHOP) has a skilled team of child and adolescent specialists who work together to diagnose understand the causes of the treat problem such as trauma and stressor-related disorder.

The team of professional who work with your children and family is committed to a successful outcome, and realize that success takes time and ongoing treatment and support.

The adverse experiences considered in these studies include;

Physical , sexual or emotional abuse

Physical or emotional neglect

Household violence, substance abuse ore mental illness

Parent separation or divorce

**Thank you - Any questions?**

